

# THE PODYMORE INN



## LIGHT LUNCH MENU

Served 12pm-2:15pm only

### SANDWICHES

Served with crisps & small salad garnish

Bacon, Lettuce & Tomato	£7.95	Cheese and Tomato	£7.95 (V)
Home cooked Ham & Tomato	£7.95	Hummus and Salad	£6.95 (VE)
Sausage and Onion	£7.95	Steak and mushroom	£8.95

Choice of white, granary, gluten free bread or ciabatta

### PLOUGHMANS

Ham & Cheese (GF) £9.95	Pate(GF) £9.95	Mackerel(GF) £9.95
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Served with white, granary or gluten free bread. Salad garnish, pickle and pickled onion.

### LIGHT BITES

Small Ham, Egg and Chips(GF)	£8.95
Two Sausages, Egg and Chips(GF)	£8.95
Small Whitebait, chips and peas or salad	£8.95

## STARTERS

**Homemade Soup of the day £5.25**  
with fresh bread (GF) (V)

**Creamy Garlic Mushrooms £5.95**  
served with warm toast (GF) (V)

**Smoked Salmon £6.95**  
served with salad garnish & bread (GF)

**Deep Fried Whitebait £5.25**  
with fresh bread and salad garnish (V)  
(Cauliflower, Courgette)

**Chicken Liver Pate served with warm toast £5.95**  
a smooth rich pate with a hint of brandy (GF)

**Prawn Cocktail £6.95**  
with salad garnish, Marie Rose sauce & white or brown  
bread (GF)

**Breaded Brie £5.95**  
with cranberry sauce and salad garnish (V)

**Tempura vegetables and sweet chilli sauce £4.95**  
With salad garnish & bread (V) (VE) (Broccoli,

Served with white, granary or gluten free bread, please specify when ordering.

**Garlic dough balls (V) £5.95**

**Freshly Baked Bread Roll £2.50** served with olive oil.  
Choice of balsamic or butter (GF)

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## MAINS

(Available lunchtimes and evenings)

**Beef & Ale Pie:** slow cooked local beef in a rich gravy. **£12.95**

**Beef & Stilton Pie:** slow cooked local beef and local stilton in a rich gravy. **£12.95**

Served with chips, new potatoes or mash and vegetables

**Cheese & Onion Pie.** Local mature cheddar and caramelised red onions **£11.95 (V)**

Served with chips, new potatoes or mash and salad or vegetables.

**Cajun Chicken breast** with Cajun spices and a tasty Cajun sauce, Served with chips & salad.  
**£12.95 (GF)**

**Fillet of Salmon:** Served in a lemon butter sauce with new potatoes and fresh vegetables **£14.95 (GF)**

**Roast Vegetable Linguine** in a rich tomato sauce and garlic bread **£13.95 (V)**

**Beer battered Fish:** cod in light crispy batter with chips & tartare sauce. Served with mushy or peas **£11.95**

**Homemade Beef Burger** in a Brioche bun, served with chips, salad garnish and burger relish.  
**£12.95 (GF)**

**Wholetail Scampi:** succulent, plump Whitby scampi, served with crispy golden chips, garden peas & tartare sauce **£11.95**

**Homemade Beef Lasagne:** local lean minced beef in a rich tomato sauce, plus creamy cheese sauce topped. with golden melted cheese Served with salad garnish and garlic bread. **£10.95**

**Butternut & Spinach Lasagne,** a selection of roasted vegetables plus creamy cheese sauce topped with golden melted cheese. Served with salad garnish and garlic bread. **£10.95 (V)**

**Butchers Sausages and mash** with onion gravy peas and delicious gravy **£10.95 (GF)**

**Ham, Egg and Chips:** what more can we say except the eggs are farm fresh, the ham is local  
**£10.95 (GF)**

**Chicken Curry** (medium) served with rice, naan bread, poppadum and mango chutney **£12.95**

**Tempura battered vegetables** (sweetcorn, courgette, carrots, peppers and celery) served with rice sweet chilli sauce **£10.95 (VE)**

**Sweet Potato Chick Pea Spinach Curry,** served with rice **£10.95 (VE) (GF) (V)**

\*Add naan bread, poppadum & mango chutney for £1.50

**Tomato and Triple Bean Chilli,** delicious combination of beans in a tomato and spicy (not too hot) chilli sauce. Served with fluffy rice **£ 10.95 (GF) (V)**

**Mushroom Stroganoff,** made with fresh sautéed mushrooms. Served with fluffy white rice **£10.95 (GF) (V)**

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## SALADS

Served with a mixed salad, homemade coleslaw

Hot Chicken and Bacon	£10.95	Mackerel	£9.95
Salmon and Prawn	£12.95	Chicken Caesar	£10.95
Citrus dressed edamame bean & bulger	£9.95(VE)	Caesar Salad	£9.95 (V)

## Pan-Fried

10oz Rump Steak	£18.95 (GF)	10 oz. Gammon Steak	£14.95 (GF)
8oz Rib-Eye Steak	£18.95 (GF)		

served with onion rings, tomato, mushroom, chips & peas

GF – No onion rings. Please make staff aware.

## Homemade Steak sauces £2.50 (V) (GF)

Cracked Black Peppercorn Sauce

Cajun sauce

Melted Stilton Sauce

## Extras

Chips £2.95	Cheesy Chips £3.95	New Potatoes £2.95
Garlic Bread with Cheese £3.95	Garlic Bread £2.95	Mixed Side Salad £2.95
Pineapple £0.75	Fried Egg £0.75	Coleslaw £1.50
Mushrooms £2.00	Baked Beans £1,00	Peas or mushy peas £1.00

Some dishes may contain traces of nuts and fish dishes may contain small bones.

Food allergies and intolerances - please speak to our staff before ordering

(V) Suitable for vegetarians (GF) Gluten free. Gluten free bread also available (VE) Suitable for Vegans

**Please see our Daily Specials**

**Why not Try Our Sunday Roast 12pm - 3pm**

See upcoming Events on our website <https://www.podymore-inn.co.uk/>